

ASSUMPTION OF RISK AND RELEASE OF LIABILITY & PUBLICITY RIGHTS
WAIVER

BY SIGNING THIS DOCUMENT, YOU ARE WAIVING CERTAIN LEGAL RIGHTS. YOU SHOULD READ THIS DOCUMENT CAREFULLY AND IN ITS ENTIRETY AND ENSURE THAT YOU UNDERSTAND ALL OF ITS TERMS.

The NAIGC has sanctioned the 2026 NAIGC February Competition (the “Event”), which is being hosted by Virtual Stars Gymnastics Competition (the “Host”) throughout February 2026 on the Virtual Stars online platform. Although this Event is an NAIGC-sanctioned competition, I understand and agree that the NAIGC is not hosting the Event, is not responsible for any activities that take place at or on the way to or from the Event, and is not responsible for monitoring the Event to ensure compliance with the NAIGC Safety & Equipment Standards, Code of Conduct, and other policies.

Readiness to Compete

I represent that I am physically and psychologically healthy enough to participate in the Event and do not have any health condition that would impair my ability to safely participate in the Event. I have properly prepared to perform each of the exercises I will attempt in this Event; I have practiced those exercises; and I have performed those exercises in the past without suffering injury.

Assumption of Risk and Release of Liability

In consideration for being allowed to participate in this Event, I knowingly acknowledge that:

- My participation in the Event is entirely voluntary;
- I will be solely responsible for my actions, conduct, and safety during the Event, including following all NAIGC and Host rules, regulations, and instructions;
- There are risks inherent in my participation in the Event, including risk of serious bodily injury and death;
- The dangers and risks of participating in the Event may result not only in serious injury, but also in a serious impairment of my future abilities to earn a living, to engage in other business, social and recreational activities and generally to enjoy life;
- The NAIGC and the Host cannot and do not represent that I will not be harmed during the Event;
- All bills for medical care and treatment as a result of my participation with the Event will be my responsibility; and
- The NAIGC and the Host do not warrant or guarantee in any respect the physical condition of any of the equipment used in connection with this Event.

I knowingly and voluntarily assume all risks which may be incurred from or connected in any manner with my participation in the Event, including the risk of serious bodily injury or death caused by my participation. I waive and forever release the Host and its Board, Officers, agents, and sponsors as well as the NAIGC, its Board, Officers, volunteers, and sponsors from all

claims, whether known or unknown and whether anticipated or unanticipated, for personal injury, death or property damage sustained by me during or because of my participation in the Event, including damage caused by the negligence of the Host and its Board, Officers, agents, and sponsors or by the negligence of the NAIGC, its Board, Officers, volunteers, and sponsors. I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating, or else I agree to bear the costs of such injury or damage myself. I further certify that I am willing to assume the risk of any medical or physical condition I may have.

Publicity Rights

I grant the NAIGC and the Host permission to record, use, and edit my name, voice, photography, image, likeness, performance, and all biographical information submitted by me without restriction. The NAIGC and the Host may reproduce, create derivative works, distribute, publicly perform and display, and sell such recordings in any and all formats or media, as well as use such recordings in advertising, marketing, or promoting the NAIGC or its events and programs; the Host may do likewise in advertising, marketing, or promoting its own events and programs. I agree that I will not receive compensation for any of the aforementioned uses. But the NAIGC and the Host may not use my performance for the express or implied endorsement of any third party’s products or services.

Code of Conduct

I have read, understood, and agree to abide by the [NAIGC Code of Conduct](#) and [Public Health Guidelines](#).

The undersigned expressly agrees that this agreement shall be governed by and interpreted in accordance with the laws of the State of North Carolina (where the NAIGC is incorporated) without regard to conflict-of-laws principles. I intend this to be a complete and unconditional release of all liability to the greatest extent allowed by law. If a court holds any part of this agreement to be unenforceable or against public policy, the offending part of the agreement shall be construed to be consistent with the law and the remaining terms shall remain enforceable.

Participant’s signature: _____
Printed name of participant: _____
Date: _____

If the participant is under the age of 18:

As the legal parent / guardian of _____, I agree that I fully understand and accept this agreement in exchange for my child’s participation in this Event.

Parent’s / guardian’s signature: _____
Printed name of parent / guardian: _____
Date: _____